



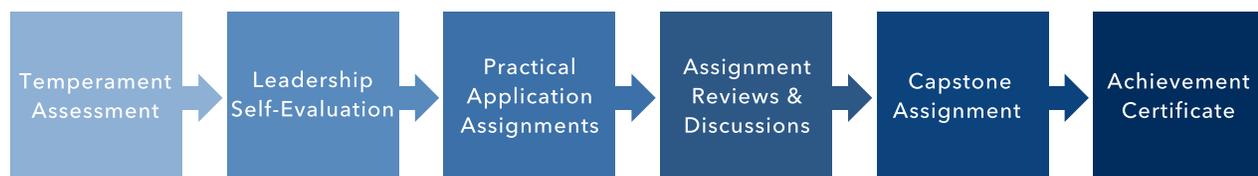
The Leader in You

Building mental strength through personal leadership

As a young adult, developing a sense of identity and forming new ideas and opinions is critical to being more independent and self-reliant. Successfully interacting with peers, teachers, coaches and family can often present its own challenges. By growing in self-awareness and improving communication skills and mindsets, young adults will become more confident, competent and capable, unlocking their full potential as leaders.

About the Program

By incorporating a variety of techniques that appeal to young adult learning styles, we maximize participant engagement. We use group led discussions, Socratic methods, and multimodal approaches such as hands-on exercises, videos, breakout groups and role-playing. The program consists of 13 highly-interactive group sessions, facilitated virtually or in-person. Key elements of the program include:



Program Topics

- **Self-Awareness & Awareness of Others**
 - Effective leadership characteristics
 - Understanding your impact as a leader
 - The role mindset plays in effective leadership
 - Identifying how 'filters' influence your thinking and actions
 - Managing stressful situations
- **Effective Communication**
 - Understanding the three most common communication breakdowns
 - Winning techniques to spark successful and positive communication
 - Four types of temperaments and their impact on communication styles
- **Leading Others**
 - The keys to resolving conflict
 - How to become an adaptable planner
 - The value of delegation
- **Leading into Action**
 - Capstone Presentation to demonstrate learnings

Program Details

Start Date: January 13, 2021

Schedule: Every Wednesday for 13 weeks

Ages: 16 - 22

Price: \$1,560 per person

**Register by Dec.17 to receive a 20% discount!
Visit NallyVentures.com to sign-up today**

"Mike possesses extraordinary insight into our leaders, their mindset and challenges. His training provides personal insight into each person- not always comfortable, but certainly required to change, develop and perform at a higher level."

- Sharon Abrams, Human Resources Manager, Commonwealth Trust

About Us

Established in 2003, Nally Ventures is an entrepreneurial company founded by Mike Nally, a proven leadership coach and real estate developer. We are a results-oriented business committed to providing solutions in order to take organizations or projects to the next level. We provide an array of services that transform executives into world-class leaders, produce a new generation of highly-effective individuals, and navigate the maze of real estate development. At Nally Ventures, we take tremendous pride in being a team our clients can trust, respect and rely on to foster new growth.

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